

# JANUARY, 2024

# Addison Township Senior Program

Marie May – Senior Coordinator (248) 628-3388 / [Seniorprogram@addisontwp.org](mailto:Seniorprogram@addisontwp.org)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>CLOSED</b> <b>FOR THE HOLIDAY!</b> <b>HAPPY NEW YEAR!!</b>  Ken's Exercise Class Starts Back January 17 <sup>th</sup>	<b>2</b> <b>CLOSED</b> <b>FOR THE HOLIDAY!</b>	<b>3</b> Cards/Canasta 10 am Bring your lunch!	<b>4</b> Sewing Fun (not a class) 9 am  YOGA 10:30  Computer Class & PC Problem Solving with Tony Spina @ 12:00  Euchre Tournament 6 PM	<b>5</b> Embroidery Fun 9 am Not a class Sewing Get Together!
<b>8</b> Sewing Fun (not a class) 9 am Leader: Debbie Brown Bring sewing machine, supplies  M.M. Get Together 1pm	<b>9</b> Neuro Movement 9 – 10 Leader: Shirley Delaurier  Yoga 10:30 – 11:30	<b>10</b> Cards/Canasta 10 am Bring your lunch!	<b>11</b> YOGA 10:30  Computer Class & PC Problem Solving with Tony Spina @ 12:00  Euchre Tournament 6 PM	<b>12</b> Embroidery Fun 9am Not a class Sewing Get Together!
<b>15</b> <b>CLOSED</b> <b>FOR THE HOLIDAY!</b>	<b>16</b> Neuro Movement 9 – 10 Leader: Shirley Delaurier  Yoga 10:30 – 11:30	<b>17</b> Cards/Canasta 10 am Bring your lunch!  Ken's Exercise Class 10am  Majung with Diane 12:30	<b>18</b> Sewing Fun (not a class) 9 am  YOGA 10:30  Computer Class & PC Problem Solving with Tony Spina @ 12:00  Euchre Tournament 6 PM	<b>19</b> Embroidery Fun 9 am Not a class Sewing Get Together!
<b>22</b> Sewing Fun (not a class) 9 am Leader: Debbie Brown Bring sewing machine, supplies  Ken's Exercise Class 10am	<b>23</b> Neuro Movement 9 – 10 Leader: Shirley Delaurier  Yoga 10:30 – 11:30	<b>24</b> Cards/Canasta 10 am Bring your lunch!  Ken's Exercise Class 10am	<b>25</b> YOGA CANCELLED TODAY  Computer Class 12:00 with Tony Spina  Euchre Tournament 6 PM	<b>26</b> Embroidery Fun CANCELLED TODAY
<b>29</b> Sewing Fun (not a class) 9 am Leader: Debbie Brown Bring sewing machine, supplies  Ken's Exercise Class 10am	<b>30</b> Neuro Movement 9 – 10 Leader: Shirley Delaurier  Yoga 10:30 – 11:30	<b>31</b> Cards/Canasta 10 am Bring your lunch!  Ken's Exercise Class 10am		MAJUNG INSTRUCTOR Here on the 3 <sup>rd</sup> Wednesday of Each Month

**\*\* CLASSES AND TIMES SUBJECT TO CHANGE WITHOUT NOTICE – ALL LEADERS AND VOLUNTEERS \*\***

# FEBRUARY, 2024

# Addison Township Senior Program

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Monday	Tuesday	Wednesday	Thursday	Friday
My "MAJUNG INSTRUCTOR Here on the 3 <sup>rd</sup> Wednesday of Each Month to help us learn Majung	Cell Phone Questions answered on Tuesday by appointment. Call Marie		<b>1</b> CHAIR YOGA 10:30 Leader: Kathy Dawson  Computer Class & PC Problem Solving with Tony Spina @ 12:00  Euchre Tournament 6 PM	<b>2</b> Embroidery Fun 9 am Not a class Sewing Get Together! Leader: Jerri Ondrejko
<b>5</b> Sewing & Quilting (not a class) 9 am Leader: Debbie Brown Bring sewing machine, supplies	<b>6</b> Neuro Movement 9 – 10 Leader: Shirley Delaurier  Yoga 10:30 – 11:30 Leader: Kathy Dawson  6-Handed Euchre 10:30	<b>7</b> Cards/Canasta 10 am Rummy Cube Bring your lunch!	<b>8</b> CHAIR YOGA 10:30 Leader: Kathy Dawson  Computer Class & PC Problem Solving with Tony Spina @ 12:00  Euchre Tournament 6 PM	<b>9</b> Embroidery Fun 9 am Not a class Sewing Get Together! Leader: Jerri Ondrejko
<b>12</b> Sewing & Quilting (not a class) 9 am Leader: Debbie Brown Bring sewing machine, supplies	<b>13</b> Neuro Movement 9 – 10 Leader: Shirley Delaurier  Yoga 10:30 – 11:30 Leader: Kathy Dawson  6-Handed Euchre 10:30	<b>14</b> Cards/Canasta 10 am Rummy Cube Bring your lunch!  <b>HAPPY VALENTINE'S DAY!</b>	<b>15</b> CHAIR YOGA 10:30 Leader: Kathy Dawson  Computer Class & PC Problem Solving with Tony Spina @ 12:00  Euchre Tournament 6 PM	<b>16</b> Embroidery Fun 9 am Not a class Sewing Get Together! Leader: Jerri Ondrejko
<b>19</b> Sewing & Quilting (not a class) 9 am Leader: Debbie Brown Bring sewing machine, supplies	<b>20</b> Neuro Movement 9 – 10 in Sr. Room  Yoga 10:30 – 11:30 in Sr. Room  6-Handed Euchre 10:30 In Conference Room	<b>21</b> Cards/Canasta 10 am Rummy Cube Bring your lunch!	<b>22</b> YOGA CANCELLED TODAY  Computer Class 12:00 with Tony Spina  Euchre Tournament 6 PM	<b>23</b> <b>SENIOR CENTER CLOSED ALL ROOMS</b>
<b>26</b> <b>SENIOR CENTER CLOSED ALL ROOMS</b>	<b>27</b> <b>SENIOR CENTER CLOSED ALL ROOMS</b>	<b>28</b> Cards/Canasta 10 am Rummy Cube Bring your lunch!	<b>29</b> CHAIR YOGA <b>CANCELLED</b>  Computer Class & PC Problem Solving with Tony Spina @ 12:00  Euchre Tournament 6 PM	



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1. SENIOR EXERCISE CLASSES. IF WE DO NOT CONTINUE TO GET ENOUGH SENIOR PARTICIPATION, WE WILL NOT BE ABLE TO CONTINUE THE CLASSES. PLEASE CONTACT MARIE IF INTERESTED.
  2. WE PLAY CARDS! WE WILL TEACH YOU! WE HAVE TAUGHT MANY SENIORS TO PLAY CARDS, MOSTLY CANASTA. THEY LOVE THE GAME!! PLEASE CALL MARIE TO SET UP A TIME TO COME IN AND SHE WILL BE HAPPY TO TEACH YOU TO PLAY ALSO.
  3. WE HAVE GONE ON BUS DAY TRIPS TO VARIOUS CASINO'S WITHIN THE LAST FEW MONTHS. LOOK FOR UPCOMING TRIPS TO BE POSTED ON THE BULLETIN BOARD IN THE TOWNSHIP LOBBY.

THANK YOU TO ALL THE SENIORS THAT LEAD CLASSES.

PLEASE REMEMBER IF YOU MAKE AN APPOINTMENT OR SIGN UP WITH US FOR SOMETHING, IT IS VERY IMPORTANT THAT YOU CALL MARIE AND CANCEL IF YOU CANNOT MAKE THE APPOINTMENT. THESE SENIORS THAT TEACH ARE ALL VOLUNTEERS FROM OUR COMMUNITY AND WOULD APPRECIATE THE COURTESY OF A CANCELLATION CALL.

COME JOIN US DAILY FOR COFFEE AND REFRESHMENTS AND TO MEET SOME OF YOUR NEIGHBORS. WE WOULD LOVE TO SEE AND MEET YOU.

**- MARIE MAY -**  
**Senior Coordinator**  
**(248) 628-3388**

Dear Senior Friends,

We play cards Wednesdays. I have taught many seniors how to play. We always play Canasta and Pinochle if we have enough players. Please join us. Bring your own lunch.

Looking forward to a great winter season. Check the calendars for dates and for Casino trips.

I co-host the Senior Break Show on OCTV on YouTube monthly. My guests usually specialize in helping seniors. These guests are very informative with names and organizations that can help us solve senior problems. The information they give is very useful. We also review community events. Please look us up. Click on YouTube and search OCTV Senior Break.

Please join us for coffee or just to chat and meet new friends.

Your Friend,  
Marie May  
Senior Coordinator