

# JANUARY, 2023

# Addison Township Senior Program

Marie May – Senior Coordinator (248) 628-3388 / [Seniorprogram@addisontwp.org](mailto:Seniorprogram@addisontwp.org)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><b>CLOSED</b> <b>HAPPY NEW YEAR!</b></p>	<p>3 NEURO MOVEMENT 9 AM to 10 am YOGA 10-30 am Cell Phone Help by appointment Call Marie to reserve 6 HANDED EUCHER MUST BE SIGNED UP</p>	<p>4 CARDS &amp; GAMES 10 AM  MAJUNG 12:30  BRING YOUR LUNCH!</p>	<p>5 Yoga 10:30 Silver Sneakers 11:45 to 12:30 Bring Insurance Cards Computer questions Answered 12 noon</p>	<p>6  EMBROIDERY FUN 9Am  A sewers get together Not a Class</p>
<p>9 SEWING FUN Not a Class 9 am Sewing get together</p>	<p>10 NEURO MOVEMENT 9 AM to 10 am YOGA 10-30 am Cell Phone Help by appointment Call Marie to reserve  6 HANDED EUCHER MUST BE SIGNED UP</p>	<p>11  CARDS &amp; GAMES 10 AM  MAJUNG 12:30 BRING YOUR LUNCH!</p>	<p>12 Yoga 10:30 Silver Sneakers 11:45 to 12:30 Bring Insurance Cards Computer questions 12 PM</p>	<p>13  EMBROIDERY FUN 9AM  A sewers get-together Not a Class</p>
<p>16</p> <p><b>CLOSED</b> <b>Martin Luther King Jr.</b> <b>Day</b></p>	<p>17 Neuro Movement 9 AM YOGA 10-30 am Cell Help by appointment Call Marie 6 HANDED EUCHER MUST BE SIGNED UP</p>	<p>18 CARDS &amp; GAME 10AM MAJUNG 12:30 THURDAY OF EVERY MONTH OUR MAJUNG INSTRUCTOR DIANE M. WILL BE HERE. BRING YOUR LUNCH!</p>	<p>19 Yoga 10:30 Silver Sneakers 11:45 to 12:30 Bring Insurance Cards Computer questions 12 pm  Cemetery Aux 2 PM</p>	<p>20  EMBROIDERY FUN 9AM A sewers get-together 9am</p>
<p>23 SEWING FUN Not a Class 9 am Sewing get together</p>	<p>24 NEURO MOVEMENT 9 am YOGA 10-30 am Cell Help by appointment call 6 HANDED EUCHER MUST BE SIGNED UP</p>	<p>25 CARDS &amp; GAMES 10 AM  MAJUNG 12:30 BRING YOUR LUNCH</p>	<p>26 YOGA 10:30 Silver Sneakers 11:45 Bring Insurance cards</p>	<p>27  EMBROIDERY FUN 9 am A sewers get-together</p>
<p>30  SEWING FUN 9 AM Not a Class</p>	<p>31 Cell Phone Help NEURO MOVEMENT 9 AM YOGA 10:30 6 HANDED EULCHER 10:30 MOVIE DAY! Call Marie!</p>	<p>MUST SIGN UP TO PLAY 6 HANDED EUCHER ON TUESDAYS</p>	<p>TUESDAY CELL PHONE HELLP IS BY APPOINTMENT ONLY CALL MARIE TO RESERVE</p>	<p><b>MAJUNG INSTRUCTOR</b> <b>HERE 3<sup>rd</sup>. Wednesday</b> <b>Of the Month.</b></p>

**\*\* CLASSES AND TIMES SUBJECT TO CHANGE WITHOUT NOTICE \*\***

# FEBRUARY, 2023

# Addison Township Senior Program

Marie May – Senior Coordinator (248) 628-3388 / [Seniorprogram@addisontwp.org](mailto:Seniorprogram@addisontwp.org)

Monday	Tuesday	Wednesday	Thursday	Friday
My "Majung" Instructor, Diane Macauley, Will be here the third Wednesday of month. To help us learn majung.	Cell Phone Questions answered by appointment Call Marie. We play cards on Tuesdays Join Robin for playing cards 10:30am	1 Game Day! Cards/Canasta 10 AM Rummy Cube, etc. Bring your lunch!	2 YOGA 10:30 Leader: Kathy Dawson Silver Sneakers 11:45 Leader: Colette Curtis Computer Questions Answered 12 pm	3 Embroidery Fun 9 AM Not a Class A sewers get together Leader: Jerri Ondrejko
6 Sewing & Quilting (not a class) 10 AM Leader: Debbie Brown bring sewing machine, supplies	7 Neuro Movement Leader: Shirley Delaurier Feldenkrais 9:00-10:00 Cell Phone by appointment Yoga 10:30am Cards 10:30am	8 Game Day! Cards/Canasta 10 AM Rummy Cube Bring your lunch	9 YOGA 10:30 Computer Questions Answered 12 pm Silver Sneakers 11:45	10 Embroidery Fun 9 AM Not a Class A sewers get together Leader: Jerri Ondrejko
13 Sewing & Quilting (not a class) 10 AM Leader: Debbie Brown bring sewing machine, supplies	14 Neuro Movement Feldenkrais 9:00-10:00 Leader: Shirley Delaurier Cell Phone Questions 10am Yoga 10:30am Cards 10:30am	15 Cards/Canasta 10 am Rummy Cube Bring your lunch! Majung Class 12:30 Instructor Diane Here	16 YOGA 10:30 Leader: Kathy Dawson Computer Questions 12 Silver Sneakers 11:45	17 Embroidery Fun 9 AM Not a Class A sewers get together Leader: Jerri Ondrejko
20 <b>CLOSED</b> <b>President's Day</b>	21 Neuro Movement Feldenkrais 9:00-10:00 Leader: Shirley Delaurier Cell Phone Questions 10am Yoga 10:30am Cards 10:30am	22 Cards/Canasta 11 am Rummy Cube Bring your lunch! Game Day!	23 YOGA 10:30 Leader: Kathy Dawson Computer Questions 12 Silver Sneakers 11:45	24 Embroidery Fun 9 AM Not a Class A sewers get together
27 Sewing & Quilting (not a class) 10 AM bring sewing machine, supplies	28 Neuro Movement Feldenkrais 9:00-10:00 Leader: Shirley Delaurier Yoga 10:30am Cards 10:30am		Tony Spina is the Instructor for Computer Questions.	

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1. THANK YOU TO ALL THE SENIORS THAT LEAD CLASSES.
2. WE PLAY CARDS ON TUESDAY & WEDNESDAY. WE WILL TEACH YOU!

PLEASE REMEMBER IF YOU MAKE AN APPOINTMENT OR SIGN UP WITH US FOR SOMETHING,  
IT IS VERY IMPORTANT THAT YOU CALL MARIE AND CANCEL IF YOU CANNOT MAKE THE APPOINTMENT.  
THESE SENIORS THAT TEACH ARE ALL VOLUNTEERS AND WOULD APPRECIATE  
THE COURTESY OF A CANCELLATION CALL.

**HAPPY NEW YEAR!**

**- MARIE**